

Results of the Nineteenth Essex County Cross Country Championship.

Boys Varsity

1.	38	East Side	3-4-5-10-16-27-45
2.	89	Columbia	11-15-18-20-25-56-57
3.	111	Seton Hall Prep	1-2-12-47-49-55-62
4.	153	West Orange	14-21-34-41-43-63-66
5.	155	Livingston	13-30-35-37-40-58-71
6.	202	Irvington	17-29-31-50-75-76-135
7.	245	Caldwell	6-7-69-72-91-92-118
8.	249	Immaculate Conception	8-28-33-70-110-131
9.	260	Millburn	36-46-48-52-78-84-99
10.	307	Arts	51-54-64-65-73-101
11.	349	Montclair	24-44-59-85-137
12.	417	Belleville	32-81-95-102-107
13.	443	Nutley	42-77-90-109-125-128
14.	448	St. Benedict's Prep	60-89-96-98-105-116-133-134
15.	448	Newark Academy	68-83-94-97-106
16.	488	Bloomfield	19-103-108-126-132
17.	503	Our Lady of Good Counsel	74-80-104-115-130-140-143
18.	577	Central	87-111-117-121-141
19.	586	Verona	112-113-114-120-127-129-144
20.	586	Essex Catholic	86-100-123-138-139-142
No. Score		Orange	26-136
		Science	23-38-53-61
		Shabazz	67-88-122-124
		West Essex	22-82-119
		West Side	9-79

A total of 144 runners finished the race. Cards not turned in: 39-93

Individual Finishers

1.	Adam Daniels	Seton Hall	16:50
2.	Dan Lawton	Seton Hall	17:32
3.	Joao Oliveira	East Side	:43
4.	Aarao Santos	East Side	:47
5.	Paulo Oliveira	East Side	:48
6.	Brian Bergen	Caldwell	:59
7.	Andy Wallace	Caldwell	18:03
8.	Jamal Nisbett	Immaculate	:07
9.	Deon Bascom	West Side	:13
10.	Frank Barandas	East Side	:20
11.	Waziri Garuba	Columbia	:31
12.	Mike Simon	Seton Hall	:32
13.	Jon Ball	Livingston	:34
14.	Gian Torretti	West Orange	:41
15.	Jason Somers	Columbia	:42
16.	Nelson Dos Santos	East Side	:47
17.	Kobina France	Irvington	:49
18.	Alex Marin-Spiotta	Columbia	:51
19.	Adam Garrido	Bloomfield	:56
20.	Colin Browne	Columbia	:57
21.	Sam Gruen	West Orange	:59

Congratulations to the East Side Team and especially to Adam Daniels of Seton Hall, the first Three-Peat winner in the Boys Championship (6th place as a freshman). This is a new meet record (a slightly amended but probably slightly longer course).

Results of the Nineteenth Essex County Cross Country Championship.

1996

Girls Varsity

1.	47	Columbia	1-2-6-9-29-30
2.	110	Livingston	12-15-18-26-39-44-66
3.	114	Irvington	10-14-19-21-50-61-65
4.	123	East Side	16-17-22-33-35
5.	148	Caldwell	3-27-36-37-45-46-54
6.	166	Millburn	4-24-34-51-53-55-63
7.	196	Nutley	11-20-49-56-60-70-96
8.	204	Science	13-25-28-64-74
9.	248	Verona	23-48-52-57-68-71-89
10.	271	West Orange	38-41-43-73-76-77-81
11.	344	Arts	47-67-69-78-83-84
12.	381	West Side	42-80-85-86-88
13.	437	Mount St. Dominic Acad.	72-87-91-93-94-95
No Score		Belleville	31-59
		Bloomfield	32-79
		Central	62-82
		Our Lady of Good Counsel	90-92
		Montclair	5-58
		Newark Academy	7-40
		West Essex	8-75

A total of 99 runners finished the race. Card not turned in: 97-98-99

Individual Finishers

1.	Catherine Casey	Columbia	20:41
2.	Natalie Deffenbaugh	Columbia	:59
3.	Lindsay Mann	Caldwell	21:06
4.	Julie Silverman	Millburn	:26
5.	Louisa Marrs	Montclair	:28
6.	Dara Crocker	Columbia	:37
7.	Lisa Edwards	Newark Academy	:58
8.	Jackie Stolfi	West Essex	22:00
9.	Shauna Mc Fadzean	Columbia	:12
10.	Noeleene Harris	Irvington	:17
11.	Colleen Dougherty	Nutley	:18
12.	Rebecca Rudominer	Livingston	:24
13.	Sherry White	Science	:25
14.	Jo Ane Williams	Irvington	:30
15.	Bridget Healy	Livingston	:52
16.	Sofia Loureiro	East Side	:54
17.	Lizett Barbosa	East Side	23:01
18.	Meghan Murphy	Livingston	:03
19.	Pricilla Jones	Irvington	:07
20.	Amy Barberia	Nutley	:12
21.	Carlene Eastman	Irvington	:14

team

Congratulations to the Columbia<sup>A</sup> on winning their second in a row;  
and to Catherine Casey who led the team in first place.

I want to take this space to thank all of the coaches for turning  
in almost every card in every race. This really makes the result  
sheet more complete and I appreciate it very much. **THANK YOU.**